

DRAFT MINUTES

**MINUTES FROM MEETING IN PUBLIC OF THE SOMERSET
PARTNERSHIP PPI FORUM**

Held Thursday 26th July 2007 at the Airfield Tavern, Brympton, Yeovil

**WELCOME TO ALL THOSE PRESENT AND NOTING APOLOGIES
FOR ABSENCE**

Eileen Tipper (Chair), Eileen Moschke, Edward Jones, John Hawkins
(Yeovil District Hospital NHS Foundation Trust PPI Forum)

Apologies

Michael Beaton

Linda Nash, Diana Rowe (Somerset Partnership NHS and Social Care
Trust)

In Attendance

Rosemary Hasler, Annie Barnard

Somerset Partnership NHS and Social Care Trust

Sue Flynn

Alternative to Admissions Project

Sheila Harvey

Members of the Public

There were no members of the public present.

Reports Circulated

Chairs report

Somerset Partnership Trust Review of Day Services.

Regional Mental Health Reference Group Meeting July 2007 Report

Health Scrutiny Sub Committee July 2007 Report

The Chair welcomed all present and welcomed new member, Edward
Jones.

DECLARATIONS OF INTERESTS

Eileen Tipper is a trustee of Somerset Impact.

MINUTES OF THE LAST MEETING – 10th MAY 2007

Minutes agreed subject to the following amendments:

*Page 2. The Trust at present has a 3 year legally binding contract, the
minutes should read "the trust currently does not have a legally binding
contract but a 1 year block contract. Under Foundation Trust
arrangements this would become a three year contract that is legally
binding"*

Page 2 As a result of this under foundation status the Trust will need to

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be very clear on the services it provides and the contact costs for these.

Page 2new estates policy will not be implemented in full until after FT status has been authorised.

Page 3 Eileen Tipper: Will the council have the power to express an opinion and take it further? Linda Nash: No, they are a strategic committee the minutes should read "They are not an operational committee and are about communication, accountability and strategy. They would have influence through the Chair and Non Executives."

MATTERS ARISING

Action point 2: AB still waiting for information on Supported Employment from the trust.

Action 3: Day Services Review – presentation by Sue Flynn

PRESENTATION FROM SOMERSET PARTNERSHIP NHS AND SOCIAL CARE TRUST ON DAY SERVICES – Sue Flynn

In May 2006, the partnership trust commissioned a review of all the 11 Day services operating across the county. The purpose of the review was to consider current service provision across the county in light of guidance from the Department of Health on the provision of Day Services.

Over the last 10 years services have been transferred from the partnership to the voluntary sector.

The policy focus of 'day services' towards social inclusion and recovery has yet to fully reflect in service delivery.

One of the criticisms was that the service models were institutional i.e. replicating service models inherited from the Trust. People also felt that changes to the service would mean a loss of services.

There are two sets of people who use Day Services: people already using the service and new referrals. Before the review was conducted, the partnership didn't have sufficient data or outcomes and had very little information on what potential users might want from the service. Day services seemed to be the poor relation of other mental health services.

In light of the review the Trust proposals are:

- To develop policy and practice guidelines
- To make care plans more outward focused
- To develop a clear pathway to employment for service users
- Service users can prescribe their own program tailored to their individual needs rather than fit into a set one.
- To shift from block contracts and have more clients on Direct Payments.
- To develop an interactive 'tool box' for carers

Questions and Comments

Q. Edward Jones: Is there any provision for courses in life skills?

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A. Sue Flynn: Yes either through the local FE Colleges or working one to one.

A. Eileen Tipper: Some services offer transitional opportunities i.e. cooking a meal rather than a course, but equally valid for the service user.

A. Sue Flynn: we go into people's homes and break the tasks into achievable targets.

A. Sheila Harvey: people can do all sorts of courses e.g. dry stone walling at Hestercombe Gardens.

Q. Edward Jones: Are credits awarded on completion of courses?

A. Sue Flynn: yes and there is a huge network of resources.

A. Sue Flynn: We also need to collect data on outcomes and referrals.

A. Sheila Harvey: At MIND we put up a huge resistance to this.

A. Eileen Tipper: It could be anonymous

A. Sue Flynn: You need flexibility so you can leave when you're ready and come back when you need to.

Q. John Hawkins: Are you going to have more community service users because of the closure of Barrow Gurney Hospital?

A. Sue Flynn: I don't know as it is not here in the county of Somerset.

John Hawkins: I was thinking of people who may originally from Somerset and then move back.

Eileen thanked Sue for this very interesting presentation.

ALTERNATIVE TO ADMISSION PRESENTATION – Sheila Harvey

The Alternative to Admissions project has been going 15 months. There has long been a desire for a place where people who feel vulnerable could stay for a short stay. A place where people feel safe – an alternative to admission.

A2A exists for the development of such services and campaigning.

It is an independent alternative to admission. The service will be for people in Somerset who recognise they need a break or a carer who needs a break. They maybe referred by their GP or self refer. The sanctuary should be close to the home environment as hospital admission is traumatic for family and friends

The staff will not be professionals but paid staff and trained volunteers supported by a project manager. It is hoped to have the project manager in place for six months prior to opening. Beds in a 'sanctuary' cost less than an acute bed. A2A want financial recognition from the PCT. The centre would be able to cater for up to six people and would be accessible by public transport. A single stay would be no more than one week. Complimentary therapy and taking therapy would be available.

A2A would be independently run and the hope is to get funding from the statutory organizations and large firms to sponsor '1 week' at the house.

Questions and Comments

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Q. Edward Jones: Why only six people?

A. Sheila Harvey: Over six residents and it becomes a residential home and must comply with the care home regulations.

Q. Edward Jones: Will you do group therapy?

A. Sheila Harvey: No, individual sessions.

Q. Eileen Moschke: What is the cost per night?

A. Sheila Harvey: £135 as opposed to £278 in an acute bed.

Q. Eileen Tipper: What is the criteria for self referral?

A. Sheila Harvey: Part of the project manager's skill will be to assess the person's needs, as it maybe the Crisis team that's needed.

Q. Eileen Moschke: How will you differentiate between a homeless person and a genuine person?

A. Sheila Harvey: The project manager should be skilled and also have good networks with the local services.

Q. Edward Jones: If it's successful will you open more?

A. Sheila Harvey: would love to!

Q. John Hawkins: How close is mental distress to depression?

A. Sheila Harvey: Depression is a medical condition and mental distress is defined by the sufferer

A. Edward Jones: When the self care goes you are depressed.

Comment: John Hawkins: In the Somerset PPI Forum's recent GP survey a quarter of patients were being treated for depression.

Sheila invited the members to send any further questions they may have about the project to her via Rosemary.

Eileen thanked Sheila for her very interesting presentation.

UPDATE FROM SOMERSET PARTNERSHIP NHS AND SOCIAL CARE TRUST

No update from Somerset Partnership NHS and Social Care Trust, as Trust directors were having to attend a Foundation status meeting with Monitor. The Forum was disappointed, as the clash of dates had led to a change of agenda at short notice for this meeting . As a result of this, a memo had to be circulated to those with an interest in CAMHS who where planning to attend. The trust will instead report on the CAMHS at the Forum's next meeting on September 27th in Bridgwater.

INFORMATION AND REPORTS

1) SUN Meeting – Eileen Moschke

Eileen reported that Keith Fox who is responsible for the acute units gave an update on the crisis team in the Mendip area.

2) Chairs report – Eileen Tipper

Eileen's report circulated at the meeting.

3) Regional Mental Health Reference Group Meeting- Eileen Tipper
Report circulated at the meeting.

4) Health Scrutiny Sub Committee July- Eileen Tipper

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Report circulated at the meeting.

Information from Hap

Annie reported that AWP are to hold a project meeting on Wednesday 1st August in Melksham to discuss the joint carers project.

Eileen sent her apologies. Edward will attend if his diary permits.

Annie and Rosemary will attend and report back to the Forum.

Correspondence

The members were asked to note the following correspondence:

- (i) Letter from Somerset Primary Care Trust on Commissioning and Provision of Mental Health Services.

ACTION: Circulate letter to members.

Letter from A2A asking for the Forum's support for their project

The members agreed to write to Miriam Maddison (Somerset Community Directorate) and Stephen Martin-Scott in support of their application for the provision of this service, and the acquisition of a suitable premises

ACTION: Letter on behalf of Forum

MEMBERS CONCERNS

Eileen Moschke reported that this would be her last meeting. Eileen thanked her for all her hard work and commitment to the Forum and said she would be very sad to see her go.

NEXT MEETING

Thursday 27th September

2.00pm – 4.30pm

Bridgwater Town Hall, Bridgwater

AGENDA ITEMS FOR SEPTEMBER MEETING

Presentation from Somerset Partnership NHS and Social Care Trust on the Trust's evaluation of the impact on children and their families of the changes made to the Children's and Adolescent Mental Health Services (CAHMS)

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